



Nirvana Spa center

TREATMENTS	LENGTH / MINUTE	
TURKISH BATH PROGRAMS		
Full Body Scrub & Foam	30 min.	
Ottoman Foam Massage	30 min.	
Full Body Sea Salt Scrub & Foam	30 min.	
Full Body Coffee Scrub & Foam	30 min.	
Full Body Coconut Scrub & Foam	30 min.	
BODY CARE		
Seaweed Pack (Full Body)	40 min.	
FACIALS		
Classical	60 min.	
Hydroptimal	90 min.	
Anti-Aging	90 min.	
SPECIAL MESSAGES		
Thai	60 min.	
Shiatsu	60 min.	
Jimbaran	60 min.	
AYURVEDA MESSAGES		
Abhyanga	60 min.	
Shirobhyanga	60 min.	
MESSAGES		
Anti-Stress	60 min.	
Aroma	30 min.	
Aromatherapy	60 min.	
Full Body Classical	30 min.	
Local (Back)	30 min.	
Local (Back)	60 min.	
Local (Full Body)	60 min.	
Scalp & Face	30 min.	
Reflexology (Feet)	30 min.	
Reflexology (Feet)	60 min.	
Hot Oil (Back)	30 min.	
Lymph Drainage (Legs)	30 min.	
Lymph Drainage (Full Body)	60 min.	
Hot Stone (Back)	30 min.	
Hot Stone (Full Body)	60 min.	
Sports	60 min.	
Anti-Cellulite	60 min.	
